



## University of Chicago Family Resource Center Spring 2020 Schedule

*The FRC is open March 30th-June 12th and is closed on Sat May 23 & Mon May 25 (Memorial Day). Classes run from March 30-June 5th.*

### Weekly Classes

Messy Mat Crafts for the Very Young  
World Travelers  
Story Time Fun  
Creative Ballet  
World Music Class 10:30  
Young Mad Scientists Unite  
Making Music  
Balls, Balls, Balls!  
ABCs & 123s

### Family Activities

Incredible, Edible Egg  
Earth Day Story Hour  
Grad and Post-Doc Student Parent Social  
Mother's Day Surprise  
Spring Rummage Sale  
Un-Birthday Party  
End of Quarter Party

### **Family Resource Center**

**Location:** Woodlawn Community Service Center  
950 East 61<sup>st</sup> Street

**Phone:** 773-795-5437 (KIDS)

**Hours:** Monday - Friday 9:00 a.m. - 5:00 p.m.  
Saturdays 10:00 a.m. - 4:00 p.m.

(Closed during University holidays and breaks).

**Website:** <https://grad.uchicago.edu/life-at-uchicago/family-resources/>

**Director:** Lizanne Phalen:  
lizannep@uchicago.edu

*A general FRC form (Consent & Release) is required for valid class registration. Classes are first come, first served. No registrations will be accepted after Friday, April 3rd.*

*The FRC is now only offering two classes for which you need to register. These classes are Ballet and World Music. Because we need to fill these classes at the very beginning of the quarter no registrations will be accepted after Friday, April 3rd, and payment will also be due by the end of the day on Friday, April 3rd. All other FRC offerings will be activities*

you are welcome to join as you wish from week to week. These activities are free and will be led by FRC staff if at least three children are in attendance at each of these activities.

## WEEKLY CLASSES

**MESSY MAT CRAFTS FOR THE VERY YOUNG.** This crafts class will engage the very young by focusing less on creating a take-home art project, and more on exploration and play. It will introduce children to various craft mediums and textures. For instance, we will use play dough, all sorts of finger paints, and even make some edible art. This will be tactile heaven and perfect for children wanting to eat the supplies!! The class activity will likely take half an hour at most, but will be available for the entire hour. Interested older kids are welcome.

**Time:** Mondays from 10:30-11:30 a.m. (March 30<sup>th</sup> -June 1st, except May 25th).

**Location:** Family Resource Center Art Room

**Ages:** 18 months - 2 and half years old

**WORLD TRAVELERS.** Each week we'll "travel" to a different country and stamp our special passports. Listening to songs, looking at photos, reading stories, watching short videos, and making crafts, we'll learn about different cultures and traditions. Families are encouraged to bring items to show and tell about nations with which they have a special connection.

**Time:** Mondays at 4:00-4:30 p.m. (March 30<sup>th</sup> -June 1st, except May 25th).

**Location:** FRC Multi-Purpose Room and playground

**Ages:** 2-6

**STORY TIME FUN.** Join us for some story-time fun!! Laura has performed as a children's storyteller for 20+ years, at parties, bookstores, community centers and preschools. Each story-time consists of books, finger plays and interactive songs on a theme, and finishes with dancing and marching with percussion instruments. While the stories are best suited to the target ages listed, other ages are welcome.

**Time:** Tuesdays 10:30 a.m. (March 31<sup>st</sup> - June 2nd).

**Location:** Family Resource Center

**Ages:** 2-5 years old

**CREATIVE BALLET.** Put on your thinking caps and come explore creative ballet with UChicago dancer Maria Neely. Young boys and girls will learn dance fundamentals such as rhythm and shape, establish a basic classical ballet vocabulary, and play creative movement games in this lively creative ballet class.

**Time:** Tuesdays from 4:00 - 4:45 p.m. (March 31<sup>st</sup> - June 2<sup>nd</sup>).

**Location:** FRC Multi - Purpose Room

**Ages:** 3-6 years olds

**Cost:** \$40 for 9 classes

**WORLD MUSIC FOR INFANTS & TODDLERS.** Debbie Parks teaches this perennial favorite at the FRC. Expect an energetic, interactive class for parent/caregiver and child. Sing-along greeting to each child, singing stories, finger plays, lap songs, movement and dancing, rhythm instruments, and a chance to play the instructor's instrument each week. Music includes traditional folk songs and children's songs from all over the world. Research shows music participation is a brain booster for the young child.

**Time:** Wednesdays from 10:30-11:15 a.m. (April 1<sup>st</sup> - June 3<sup>rd</sup>).

**Location:** FRC Multi-Purpose Room

**Ages:** 6 months to 3.5 years

**Cost:** \$50 per child/10 classes

**YOUNG MAD SCIENTISTS UNITE.** This class will allow the children to explore and experiment with the many wonders of our world. Whether it's making play dough, building our very own volcano, or exploring the changes happening outdoors, we'll see what the kids can "cook up." No matter the adventure, fun will always be on the menu. This class will be led by FRC assistant, Laura MacGregor.

**Time:** Wednesdays from 4:00-4:45 p.m. (April 1<sup>st</sup> - June 3<sup>rd</sup>).

**Location:** FRC Multi-Purpose Room

**Ages:** 2  $\frac{1}{2}$  -7 years old

**BALLS! BALLS! BALLS!** Bring your children to romp: the ball! This is a great chance to tucker out your high-energy toddlers and encourage motor development while developing a healthy, active lifestyle. We'll play by kicking, throwing and rolling while listening to fun music. Each week will feature a different kind of ball or ball play, including hippity-hop balls, parachutes with balls, soccer balls, etc.

**Time:** Thursdays 10:30-11:15 a.m. (April 2<sup>nd</sup> - Jun 4<sup>th</sup>).

**Location:** FRC Multi-Purpose Room

**Ages:** 2-5 years old

**MAKING MUSIC.** First we'll make the instrument, then we'll make the music! There are so many ways to make noise—for example, "tap shoes" made of washers and rubber bands, oatmeal container drums, and all sorts of maracas. Kids will craft their instrument,

(possibly with a little help from Mom or Dad), then we'll clap, stomp, sing and shake along with fun songs.

**Time:** Thursdays from 4:00-4:45 p.m. (April 2<sup>nd</sup> - Jun 4<sup>th</sup>).

**Location:** FRC Multi-Purpose Room

**Ages:** 2-5 years old

**ABCs & 123.** Come join us for a play-based approach to story time, early letter and number understanding. In early childhood, much of a child's literacy and numeracy learning is gleaned from being read stories and being engaged in activities and games. We will help with letter and number recognition through crafts, songs, stories and games.

**Time:** Fridays 10:30 - 11:15 a.m. (April 3<sup>rd</sup> - June 5<sup>th</sup>).

**Location:** FRC Multi-Purpose Room

**Ages:** 2-5 years old

## **Calendar of Family Activities**

*Registration for each event will take place a few days before the activity, and will be announced via email on the Student Parent listserv. Descriptions and dates are for planning purposes.*

*All activities are free to registered members and will take place at the Family Resource Center. Children must be accompanied by parents or by designated caregivers.*

**THE INCREDIBLE, EDIBLE EGG.** Friday, April 10<sup>th</sup>, 3:45-4:30 p.m. In anticipation of Easter and springtime, join us for egg decorating fun!

**EARTH DAY STORY HOUR.** Tuesday, April 21<sup>nd</sup>, 10:30-11:30 a.m. Join us for Earth Day stories and songs with a special craft and snacks, to help teach your child about being a good steward to planet earth.

**GRADUATE STUDENT PARENT SOCIAL.** Saturday, May 2<sup>nd</sup>, 4:00 - 6:00 p.m. Come mix and mingle with fellow graduate student and postdoc parents and enjoy complimentary wine and cheese. RSVP is required. Free parking available behind the WSSC and children, of course, are welcome!

**SURPRISE MOM ON MOTHER'S DAY.** Thursday, May 7<sup>th</sup>, 3:45-4:30 p.m. FRC staff will work with children to create a surprise Mother's Day treat. The treasures they create will be wrapped and kept a surprise (if they can) until Mother's Day.

**SPRING CLEAN-UP RUMMAGE EXCHANGE.** Tuesday, May 19<sup>th</sup> **bring your stuff** and Wednesday, May 19<sup>th</sup> **shop for stuff**. Remember, your giveaways might be somebody else's treasure! Bring **ONLY** clean, **gently used** household items, children's clothing and toys. **Please do not bring anything you would not take home yourself**.

**UNBIRTHDAY PARTY.** Monday, June 1st, 3:45-4:30 p.m. It's so very hard to wait a whole year between birthdays. Come celebrate with everyone else who doesn't have a birthday today! Birthday cake, balloons and an un-birthday song are on the menu.

**SPRING CARNIVAL- END OF THE YEAR CELEBRATION.** Wednesday, June 10<sup>th</sup>, 3:30-4:30 p.m. All are welcome at this end-of-quarter party featuring games, crafts, and much more fun. Light refreshments will be provided and children of all ages are welcome.

### **PLAYGROUP**

**GERMAN PLAYGROUP.** This playgroup used to meet at the FRC but is now organized by native German and German-speaking parents based in Hyde Park, who want their children to play and have fun with other German-speaking children. Currently our children are between 0 and 11 years old. This group meets weekly in members' homes to sing and chat, exchange information and simply enjoy each other's company. Please contact Stephanie [muestx@gmail.com](mailto:muestx@gmail.com) if you are interested in participating.